









Step 1: Today Upon Waking

-  _____
-  _____
-  _____
-  _____
-  _____




Step 2: Today's Body Move Routine

-  _____
-  _____
-  _____




Step 3: Today's Love The Way I Feel Routine

-  _____
-  _____
-  _____

Step 4: What is Today's Ultimate Purpose?

-  _____
-  _____
-  _____

Step 5: Today's Positivity Mind Source

-  _____
-  _____
-  _____

Step 6: Completed Today's Live Love Placemat Gem


YES

NO

Step 7: Make Today:

 Matter: _____



 Memorable: _____

 Fun: _____



Things I Will DO TODAY

-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____

Who I Intend To BE Today

-  _____
-  _____

How I Will Celebrate When I Complete These Things

-  _____
-  _____

Things I'd Like The Universe To DO TODAY

-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____
-  _____

Delegate Everything to the Universe today, except the things you know you WILL complete. As you place an item on the Universe's List say "Thank you, I release this to you today." Then watch how efficiently the Universe's list is completed.