





### Things I Will DO TODAY

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### Who I Intend To BE Today

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### How I Will Celebrate When I Complete These Things

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### Things I'd Like The Universe To DO TODAY

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Delegate Everything to the Universe today, except the things you know you WILL complete. As you place an item on the Universe's List say "Thank you, I release this to you today." Then watch how efficiently the Universe's list is completed.

\* Adapted from Abraham Hicks ~ The Placemat Process