



Love Love
BY DESIGN

Natural Laundry Powder

- **1 Cup White Distilled Vinegar**
- **1 Cup Baking Soda (sodium bicarbonate)**
- **1 Cup Washing Soda (sodium carbonate)**
- **¼ Cup Castile Soap**

In the bowl of your stand mixer, pour in the castile soap. Stir in the washing soda, and then the baking soda, and then add the vinegar 1/4 cup at a time as the mixture will foam.

Whip it at a medium speed like egg whites for 5 to 10 minutes until the mixture thickens and turns into a powder.

Transfer the mixture to a sealed container and allow the mixture to stand for about 30 minutes. The mixture will expand and become even more powdered, resembling a heavy powdered detergent. Store in a sealed container. Then, use 1/2 cup per full load of laundry.

Makes 3.25 Cups

*Note: when you switch from your commercial detergent to this laundry soap, the residue from your detergent can mix with the soap and cause yellowing. For your first green wash, use 1/3 cup of washing soda for a normal load. This will remove the detergent residue.



*Original Recipe from The Blender Girl – theblendergirl.com



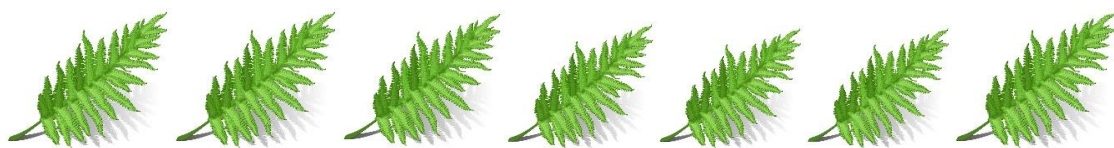
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Natural Mould & Mildew Cleaner

- **2 cups warm water**
 - **1/2 cup borax**
 - **1/2 cup distilled white vinegar**
 - **2 teaspoons tea tree oil**
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- Dissolve the borax and vinegar in the warm water.
 - Add in the tea tree oil.
 - Pour this into a spray bottle.
 - Spray the affected areas and scrub with a brush.
 - Rinse with warm water and wipe over.

This is fantastic for shower curtains and shower walls.

Makes 3 Cups



*Original Recipe from The Blender Girl – theblendergirl.com



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Natural Toilet Bowl Cleaner

- **1 cup distilled water**
- **1 cup baking soda**
- **1 cup liquid castile soap**
- **1/4 cup distilled white vinegar**
- **1/2 teaspoon tea tree essential oil**
- **1/2 teaspoon lavender essential oil**

Stir the baking soda into the water.

Add in the castile soap.

Then gradually add in the vinegar a little bit at a time. It will foam and fizz like soda.

Lastly, add in the tea tree oil and lavender essential oil.

Transfer this mixture to an old toilet cleaner squeeze bottle. Give the bottle a shake before using.

Makes 3.5 Cups



*Original Recipe from The Blender Girl – theblendergirl.com



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Natural Glass & Window Cleaner

- **1 cup warm water**
- **1 cup distilled white vinegar**

Stir this together and put the mixture in a spray bottle (or you can sponge the mixture onto the glass surface). Then take a sheet of newspaper to wipe clean. You may need to wash extremely dirty surfaces with warm soapy water before applying vinegar for the best results.

Straight or diluted vinegar rubbed on with newspaper is also very effective.

To remove streaks from glass and mirrors use a soft cloth with undiluted vinegar.

Rinse glasses in vinegar to make them sparkle, then rinse thoroughly with water to remove vinegar smell.

Makes 2 Cups



*Original Recipe from The Blender Girl – theblendergirl.com



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Natural Kitchen Surface Spray

- **2 cups filtered water**
- **2 cups distilled white vinegar**
- **3 tablespoons fresh lemon juice**

Mix the ingredients together in a spray bottle.

Notes:

- ✓ This surface spray acts as a natural disinfectant.
- ✓ It's effective on shiny surfaces and doesn't require rinsing.
- ✓ Always do a small test on surfaces you're unsure of.
- ✓ Spray a small amount on and observe any reactions.
- ✓ This spray should not be used on marble surfaces as it contains vinegar.
- ✓ You can soak lemon halves in vinegar for up to a week for even better results.

Makes 2.5 Cups



*Original Recipe from The Blender Girl – theblendergirl.com



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Natural Scouring Cream

- **1/2 cup baking soda or borax**
- **18 drops of antibacterial essential oils like lavender, eucalyptus, tea tree or citrus oils**
- **2 1/2 teaspoons liquid castile soap**

Mix the baking soda and essential oils. This will be a powder consistency. Then gradually add in just enough liquid castile soap to form a paste. Add in 10 drops at a time and keep stirring. Usually it is about 120 drops.

Makes 1/2 Cup



*Original Recipe from The Blender Girl – theblendergirl.com



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Soap Scrum & Residue Cleaner

- **1.5 cups baking soda**
- **1/2 cup natural liquid castile soap**
- **1/2 cup water**
- **2 tablespoons distilled white vinegar**

Mix water, soap and baking soda very well. Add in vinegar. Use this solution to clean the sink with a damp cloth and then rinse well.

Makes 1/2 Cup



*Original Recipe from The Blender Girl – theblendergirl.com